The Diabetes Community Health Profiles bring together a wide range of data on diabetes in adults into a single source for the purposes of benchmarking. A Diabetes Community Health Profile is available for each CCG in England at http://yhpho.york.ac.uk/diabetesprofiles/default.aspx. It was last updated on 16 December 2013.

Map of NHS Eastbourne, Hailsham and Seaford CCG

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Key facts for NHS Eastbourne, Hailsham and Seaford CCG

The prevalence of diagnosed diabetes among people aged 17 years and older in NHS Eastbourne, Hailsham and Seaford CCG is 6% compared to 6% in similar CCGs.

In 2012/13, 60.4% of adults with diabetes in NHS Eastbourne, Hailsham and Seaford CCG, had a HbA1c measurement of 59mmol/mol or less. This is higher than in other similar CCGs and higher than England.

People with diabetes in NHS Eastbourne, Hailsham and Seaford CCG were 37.8% more likely to have a myocardial infarction, 22.5% more likely to have a stroke, 75.8% more likely to have a hospital admission related to heart failure and 51.2% more likely to die than the general population in the same area.

Spending on prescriptions for items to treat diabetes in 2012/13 cost £281.82 per adult with diabetes in NHS Eastbourne, Hailsham and Seaford CCG compared to £281.52 across England.
Age Structure of Population

Age is a key factor in diabetes prevalence. Type 1 diabetes tends to be diagnosed in childhood but the prevalence of Type 2 diabetes increases steadily after the age of 40 years.

Diabetes prevalence is higher in areas experiencing deprivation. People living in the 20% most deprived neighbourhoods in England are 56% more likely to have diabetes than those living in the least deprived areas. It is known that people from Asian and Black ethnic groups are more likely to have diabetes and tend to develop the condition at younger ages.

Deprivation

Ethnicity

The CCG Classification Groups provide a grouping of CCGs that have similar characteristics to allow appropriate benchmarking. It uses the following data to assign CCGs to the best match CCG Classification Group:

- Age structure of the population
- % of population from Asian ethnic groups
- % of population from Black ethnic groups
- Indices of Deprivation 2010 (average score)
- Population density

NHS Eastbourne, Hailsham and Seaford CCG is in the Purple Group

The purple group has an older population living in rural areas and low deprivation levels.
In 2012/13 there were 9,269 people aged 17 years and older diagnosed with diabetes in NHS Eastbourne, Hailsham and Seaford CCG and it is estimated that there are a further 3,477 adults with undiagnosed diabetes. The chart below compares the prevalence of diabetes in NHS Eastbourne, Hailsham and Seaford CCG with the cluster group and England as a whole.


The chart below provides a breakdown of the key aspects of clinical management of patients with diabetes and highlights the attainment of HbA1c, blood pressure and cholesterol targets in the 15 months ending March 2013.

| Source: Quality and Outcomes Framework, 2012/13 |
In NHS Eastbourne, Hailsham and Seaford CCG there are 22 practices. The charts below show the variation in treatment targets at practice level.

**HbA1c**
At CCG level, the proportion of patients whose last HbA1c is < 59mmol/mol is 60.4%. At practice level, it ranges from 50.3% to 71.9%.

**Cholesterol**
At CCG level, the proportion of patients whose last cholesterol is < 5mmol/l is 73.7%. At practice level, it ranges from 59% to 82.3%.

**Blood pressure**
At CCG level, the proportion of patients whose last Blood pressure reading is < 140/80 is 65.7%. At practice level, it ranges from 52.5% to 81.1%.

Source: Quality and Outcomes Framework, 2012/13
NHS Eastbourne, Hailsham and Seaford CCG

Prevalence of Complications

The National Diabetes Audit collates data that identifies the additional risk of diabetic complications and mortality in people with diabetes compared to the general population. The mortality data is currently only published by PCT and the best match for NHS Eastbourne, Hailsham and Seaford CCG is East Sussex Downs and Weald PCT.

Compared to the general population, people with diabetes in East Sussex Downs and Weald PCT were 37.8% more likely to have a myocardial infarction and 22.5% more likely to have a stroke. They were also 75.8% more likely to have a hospital admission where heart failure was recorded. In East Sussex Downs and Weald PCT people with diabetes have a 51.2% greater chance of dying in a one year period than the general population.

Patient Perspective

Data from the GP Patient Survey are presented in the chart below. It shows how confident all people in the survey feel about managing their own health and the percentage of all people with a long term condition that have received enough support from local organisations. All people with a long term condition includes those with any long term condition not just those with diabetes.
NHS Eastbourne, Hailsham and Seaford CCG

Spending on Diabetes Care and Outcomes

Quadrant analysis charts (shown below) plot spending against an outcome measure. The cost and outcome measures have been standardised to allow direct comparisons across different scales. The outcome is the percentage of patients with a HbA1c of 59mmol/mol or less. The cost data has been adjusted to take account of the number of people aged 17 years and older diagnosed with diabetes. CCGs within the dotted box do not have a statistically significant different level of spending and outcomes than England as a whole.

**Total spending on anti-diabetic items**

The chart below shows the total standardised Net Ingredient Cost (NIC) of all prescriptions for items to treat and monitor diabetes per patient diagnosed with diabetes between April 2012 and March 2013 against the standardised proportion of people with a HbA1c measurement of 59mmol/mol or less for 2012/13.

NHS Eastbourne, Hailsham and Seaford CCG spent a total of £2.6 million on prescriptions for diabetes items between April 2012 and March 2013. This was equivalent to £281.82 per adult with diabetes. Average spending on items to treat diabetes was higher in NHS Eastbourne, Hailsham and Seaford CCG compared to England but this difference is not statistically significant.